



## Participant's Medical History & Physician's Statement To Be Completed by Medical Personnel ONLY



Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Parent/Guardian NAME: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Diagnosis(es): \_\_\_\_\_ Date of Onset: \_\_\_\_\_  
Past/Prospective Surgeries: \_\_\_\_\_  
Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Y N Date of Last Seizure: \_\_\_\_\_  
Shunt Present: Y N Date of last revision: \_\_\_\_\_ Special Needs/Precautions \_\_\_\_\_  
Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N  
Braces/Assistive Devices: \_\_\_\_\_

**For those riders with *Down Syndrome* only:**  
Neurologic Symptoms of Atlanto-Axial Instability: ☐ Present ☐ Absent

Please indicate current or past special needs in the following systems/areas, including Surgeries

|                         | Y | N | Comments |
|-------------------------|---|---|----------|
| Auditory                |   |   |          |
| Visual                  |   |   |          |
| Tactile Sensation       |   |   |          |
| Speech                  |   |   |          |
| Cardiac                 |   |   |          |
| Circulatory             |   |   |          |
| Integumentary/Skin      |   |   |          |
| Immunity                |   |   |          |
| Pulmonary               |   |   |          |
| Neurologic              |   |   |          |
| Muscular                |   |   |          |
| Balance                 |   |   |          |
| Orthopedic              |   |   |          |
| Allergies               |   |   |          |
| Learning Disability     |   |   |          |
| Cognitive               |   |   |          |
| Emotional/Psychological |   |   |          |
| Pain                    |   |   |          |
| Other                   |   |   |          |

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine assisted activities. I understand that Project R.I.D.E., Inc will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to Project R.I.D.E., Inc. for ongoing evaluation to determine eligibility for participation.

Clinician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Doctor APC

License # \_\_\_\_\_ **Please imprint office stamp below:**

Please return completed form to:

**Project R.I.D.E., Inc.**

Fax: (916) 245-7628

[ride@projectride.org](mailto:ride@projectride.org)





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# Information for Physician

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore, when completing the form, please note whether these conditions are present, and to what degree.

## Orthopedic

Spinal Fusion  
Spinal Instabilities/Abnormalities  
Neurological Symptoms of  
Atlantoaxial Instabilities  
Scoliosis  
Kyphosis  
Lordosis  
Hip Subluxation and Dislocation  
Osteoporosis  
Pathologic Fractures  
Coxes Arthrosis  
Heterotrophic Ossification  
Osteogenesis Imperfecta  
Cranial Deficits  
Spinal Orthoses  
Internal Spinal Stabilization Devices

## Secondary Concerns

Behavior Problems  
Age under two years  
Age two - Four years  
Acute exacerbation of Chronic Disorder  
Indwelling Catheter

## Neurologic

Hydrocephalus/Shunt  
Spina Bifida  
Tethered Cord  
Chiari 2 Malformation  
Hydromyelia  
Paralysis due to Spinal Cord Injury  
Seizure Disorders

## Medical/Surgical

Allergies  
Cancer  
Poor Endurance  
Recent Surgery  
Diabetes  
Peripheral Vascular Disease  
Varicose Veins  
Hemophilia  
Hypertension  
Serious Heart Condition  
Stroke (Cerebrovascular Accident)